Breastfeeding Pre-Test

For the following questions, circle T if the statement is true, and F if the statement is false.

1. You should always wear gloves when handling human milk. T   F
2. Breastfed babies have fewer ear infections. T   F
3. Babies who receive formula have more diarrhea than those who do not. T   F
4. Supporting breastfeeding is part of my job. T   F
5. If a child is not breastfed, she is more likely to die of SIDS. T   F
6. Formula contains all of the components in human milk. T   F
7. I can affect whether or not a mother continues breastfeeding her baby. T   F
8. A good way to feed a baby cereal is in a bottle. T   F
9. The longer a mother breastfeeds, the better it is for her health. T   F
10. If a mother’s diet is poor, she should not breastfeed. T   F
11. It is best if babies receive only mother’s milk until they are six months old. T   F
12. Microwaving is a good way to warm bottles. T   F
13. It is best for everyone if babies are fed on a schedule. T   F
14. Human milk will spoil if left at room temperature for an hour. T   F
15. You should always wear gloves when handling bottles of formula. T   F
16. Most babies should start eating solid foods at about 4 months of age. T   F
Breastfeeding Post-Test

For the following questions, circle T if the statement is true, and F if the statement is false.

T  F  1.  You should always wear gloves when handling human milk.
T  F  2.  Breastfed babies have fewer ear infections.
T  F  3.  Babies who receive formula have more diarrhea than those who do not.
T  F  4.  Supporting breastfeeding is part of my job.
T  F  5.  If a child is not breastfed, she is more likely to die of SIDS.
T  F  6.  Formula contains all of the components in human milk.
T  F  7.  I can affect whether or not a mother continues to breastfeed her baby.
T  F  8.  A good way to feed a baby cereal is in a bottle.
T  F  9.  The longer a mother breastfeeds, the better it is for her health.
T  F  10.  If a mother’s diet is poor, she should not breastfeed.
T  F  11.  It is best if babies receive only mother’s milk until they are six months old.
T  F  12.  Microwaving is a good way to warm bottles.
T  F  13.  It is best for everyone if babies are fed on a schedule.
T  F  14.  Human milk will spoil if left at room temperature for an hour.
T  F  15.  You should always wear gloves when handling bottles of formula.
T  F  16.  Most babies should start eating solid foods at about 4 months of age.